



St Germain Senior Café

Serving Wednesday, Thursday and Friday at 12:00 Noon
The St. Germain Community Center

Join us for food, fellowship and fun. For reservations or cancellations, please call

Nancy Moser at 715-617-2795 (MUST Call 24 hours in advance)

*Lighter Substitute available in place of Main Entrée: Grilled Chicken Salad (or Healthy Salad)

Wednesday	Thursday	Friday
1	2	3
Sirloin Tips, Egg Noodles Squash 3-Bean Salad Whole Wheat Bread Rhubarb Cake	Brat on a Bun Steamed Onions, Ketchup Potato Salad, Baked Beans Angel Food Cake w/ Fresh Berries	CLOSED
8	9	10
Tuscan Bean Soup Egg Salad Sandwich on Marble Rye w/ Romaine Leaf, Tomato Slice & Mayo Grape Juice, Peach Crisp	Spaghetti & Meat Sauce Romaine Lettuce Salad w/ Dressing, Garlic Breadstick Diced Pears Pineapple Cake	Roast Turkey Mashed Potatoes & Gravy Key West Vegetable Blend Whole Wheat Dinner Roll Raspberry Sherbet Jell-O
15 BINGO	16	17
Chicken Breast w/ Mushroom Bacon Sauce & Mashed Potatoes Country Vegetable Blend Biscuit Honey Bee Ambrosia	Crab Pasta Salad over Romaine Tomato Wedges Dinner Roll Peaches, Lemon Bar	Beef Stroganoff Mashed Potatoes Broccoli Salad Whole Wheat Bread Strawberries, Angel Food Cake
22	23	24
Hot Dog on a Bun Ketchup & Mustard Baked Beans Potato Salad, Mandarin Oranges Cookie	Salisbury Steak & Gravy Mashed Potatoes Brussel Sprouts Whole Wheat Bread Pumpkin Bar	Tuna Noodle Casserole Whole Kernel Corn Coleslaw Whole Wheat Dinner Roll Grapes
29	30	31
Strawberry & Spinach Salad w/ Diced Chicken Breast & Black Beans, Poppyseed Dressing Mandarin Oranges, Dinner Roll Cookie	Ham & Scalloped Potato Casserole Pacific Blend Veggies Whole Wheat Dinner Roll Banana Cream Pie Bar	Seasoned Baked Fish Baby Red Potatoes Peas Rye Bread Creamy Fruit Salad

Home delivered meals are available based on eligibility.

All meals served with whole grain bread or roll, butter or margarine, coffee and low-fat milk.

Rides are provided as needed. Please arrange with Nancy when making reservations.